

The Managing Committee 2018-19 is extremely excited and eager to take on the new KGA year. With an eclectic blend of last year's members and new ones, our team has hit the ground running with 3 events already in the bag – an informative book reading, a talk on children's sexuality and an outreach programme to an orphanage.

This year, the format of our events for the calendar year remains largely similar. Thank you to most of last year's members for continuing this year as well, and for all their support. A huge welcome to our enthusiastic new committee members this year. Mafalda Quadros and our team last year had a wonderful year, and we look to have another year of smooth sailing keeping the KGA flag flying high!

The focus will be to continue to bring our members together over the months to come, as well as keep the communication lines open.

Football Tournament – Youth vs Adults

Ryan D'Souza

Playing football with your feet is one thing, playing football with your heart is the real deal."

On May 27th 2018, eleven teams participated in a 5 - A- Side Football tournament organized by our very own Karnataka Goan Association. Leading the teams from the front with their enthusiasm was the spirited team consisting of the KGA Managing Committee.

The youth representatives Idalina Smith & Denzil Robert Pereira did a marvelous job with the logistics and organization of the event. The audience in attendance witnessed the game played with full dedication, skill and above all the right sportsman spirit. What was amazing to watch was each move being cheered by the audience and cheerleaders - Charmaine Ferns, Deanne, Lia de Souza, Lian, Scarlett Guido and Little Eva. While it did not rain, there was surely a shower of goals.

Kindly make note of the new central KGA number and save as **KGA Secretary: 9972345164**.

It is heartening to see the participation of our members increasing over the years and would love to see you and your family at World Goa Day on the 26th August.

By the time this goes out, our Evergreens Event will be around the corner and would be great to have every single 60+ Evergreen there.

Please do get in touch with any MC member over the year for anything at all!

Viva KGA!

Thank you all and God bless

Warm regards,

Carlos Norman Guido

President

No event is complete without food which was organized by Venancio Costa who needs to be applauded for the authentic Goan snacks.

The enthralling tournament was won by Floyd and team and their lady player/ Representative Ms. Scindia put on a fabulous performance with the ball. The runners up were Darryl De Nazareth and team. Both the teams were awarded certificates, trophies and a cash prize.



THE MANAGING COMMITTEE - 2018 - 2019



CARLOS NORMAN GUIDO
PRESIDENT

"Something no one knows about me is the Goan in me is not only a huge foodie but also enjoy trying out different recipes in the kitchen!"



REUBEN D'MELLO
VICE - PRESIDENT

*"Born and brought up in Goa... on fish, feni and fun! Did all the right (notorious) things that go with studying at GEC & GIM
Engineer turned HR professional."*



WILMA PEREIRA
HON. SECRETARY

"Airplanes and I never matched... for all its charm. I still prefer my personal trustworthy chauffeur. In good times and bad, my hubby's driving skills par excellence."



STEPHANIE VAZ
HON. TREASURER

"I always keep my standards and my heels high... like my passion for knitting, cooking, travelling and adventure. Love dogs too."



MAFALDA QUADROS
IMMEDIATE PAST PRESIDENT

*"I am a Goa addict and I need to breathe the air
at least 5 times a year"*



BRIAN D'LIMA
MANAGING COMMITTEE

*"I need no Feni glass to prove to be a Goan.
Viva with Apple juice!"*

THE MANAGING COMMITTEE - 2018 - 2019



LUCIANA M VIKAS
MANAGING COMMITTEE

*"I am a 'Susegaad Goan'. Believe in enjoying life to the fullest.
Live and let live is my motto"*



SHANON CALDEIRA
LADY MEMBER

*"Being Goan, good food has always excited me. I wanted to host a
Cookery show although I had nightmarish cooking skills!"*



ALDRIN D'SOUZA
MANAGING COMMITTEE

*"Cannot let go of those cravings for sorpotel-pav with a shot of feni
and the Goan wind in my hair."*



CHARLENE COLACO
MANAGING COMMITTEE

*"Fitness is my virtue, and it's not about being better than someone
else, it's about being better than you used to be"*



DENZIL PEREIRA
MANAGING COMMITTEE

*"Responsible yet laid back, I can multitask
life to its best but like a true Goan, I always
ensure I have a great time in doing so."*



CHARMAINE FERNS
YOUTH REP.

*'Charismatic and Resourceful'
Works till it's perfect and lives life one day at
a time like a typical Goan*



SHANE MARTIN
YOUTH REP.

*"Just your everyday biker
in love with his bike"*

Youth Outreach- Jeevarathni Foundation

Joshua Quadros

On the 22nd of July 2018, a handful of KGA youth boarded two buses to the Jeevarathni Foundation in Hosur as part of the annual youth outreach programme. Some of us had already been to the place before, but it was the first time for many. Upon reaching, we were greeted by Meena and a few of the kids from the home. I was really surprised that some of them remembered the names of the youth who had visited the home last year!

We were taken on a quick tour in and around the premises and shown the dormitories where the kids live, the kitchen, playground and the farm. Already a few of the children had started to latch onto us like they had known us for the longest time, showing off their various talents without any shyness or inhibitions. Some of us joined them for a quick football game while others took the opportunity to interact informally with the children. I was really pulled in by the energy they possessed, which didn't die down for even a second the entire day. After the football game, most of our youth came off the field panting, but the kids looked like they had just gone for a walk in the park.

We started off the games, with "bombing the city" and that also gave us a chance to see some of their Kung-Fu and Dancing skills when their city got bombed. Through the game session, our group bonded really well with the kids, while still struggling to keep up with their never ending

supply of energy. After a really tiring game of 'King of Sheeba', the group sat down to catch their breath while some of the kids treated us to a dance performance that never seemed to come to an end. We spent some more time chatting and interacting with a few of them and were surprised to find out how hyper intelligent a lot of them were - throwing us science questions that none of us were able to answer. For lunch we were served a Biryani that was cooked for us by some of the people who take care of the place, and we continued chatting with some of the kids

who, by now had grown extremely attached to most of us. After a quick dessert and a final group photo, it was time for us to leave Jeevarathni Foundation and all the lovely children we interacted with throughout the day.

That day, I realised that happiness is a choice, and that we can choose to be happy despite everything life throws at us. I was really surprised that so many youth took the time out of their Sunday to come out and interact with these children, and I'm sure all of us felt it was

as beautiful a Sunday as any- if not more. I feel like a lot of times, what some of these kids miss more than the physical comforts of the world, is the interaction with people. Our time is the most valuable gift we can offer them! The outreach program was a resounding success and I felt it was also, more the kids reaching out to us and telling us that life can still be beautiful and full of infinite joy despite all your hardships. If these kids - who barely have the life that most of us do - manage to find so much joy in their lives, we should be able to too. All you have to do is find it.



YOUTH OUTREACH - JEEVARATHNI FOUNDATION



The Myrada Experience - 50 Years of Learning

Gregory De Nazareth

Aloysius Prakash Fernandez is well known to many Bangaloreans as a committed visionary with a zeal and purpose to mitigate the marginalized people in our country.

Many of us knew him as an outstanding young priest who had the makings of being a Bishop one day. What the church missed has been the gain for millions across this country.



For his outstanding work along with Mother Theresa assisting the lakhs of refugees from Bangladesh during the 1971 war and other outstanding work for the upliftment of the poor, he was awarded the Padmashree in 2000 by The President of India. He was then honored with the Caritas India Millenium award for his outstanding leadership in social work.

He was the first Chairman of Nabard Financial Services, but his decision to get involved in implementation in Myrada brought about social and economical benefits to millions of people in our country. He continues to serve as Member Secretary of Myrada and Chairperson of Sangamitra.

Karnataka Goa Association and iBrowse Book Club hosted Aloysius's Book Release at Catholic Club on Friday 13th July 2018 and the large Ball Room was packed to capacity.

Our past President Francisco Saldanha introduced Al as he is affectionately called as an outstanding leader with a large heart for the

deprived citizens of India. He explained how proud we are to have such a leader as a resource person in our midst and a noble member of the KGA and CC.

Dr Marianne De Nazareth then lead the book review giving us a deep insight into Al's vision and pioneering work through and with Myrada. Al was asked to explain what prompted him to write this book and to share his experience.

It was then that we got to understand how we think we know what to do in rural development and how wrong we are. The real difference is to be with the people we intend to uplift, LISTEN to them carefully, understand their priorities and work together with them to derive lasting benefits. We learnt about Participatory Rural Appraisal, about Self Help Groups and about Water Shed Management practiced by Myrada and picked up as a successful model across India. We learnt about the real need to invest and train your people as NGOs to be effective in social change for rural upliftment. Did we even know how the rural poor depend on the local money lender whom they trust in many cases ?

We also learned through the Q & A session that Myrada has a committed training programme for other NGOs who could learn to succeed in their endeavours. Through his near 50 years of committed development work, we were astonished to learn that Al has improved the lives of about 90 million people in India.

The book was then offered on a special discount and personally signed by the author while others were delighted and thankful to KGA for the delicious refreshments served.





IT'S ALL KICKING OFF FOOTBALL FRENZY

- **BUFFET LUNCH • DRINKS • LIVE MUSIC**
- **GAMES • LOTS OF ENTERTAINMENT •**

SUNDAY, 5TH AUGUST 2018
SKY LOUNGE, CATHOLIC CLUB
11:30 AM ONWARDS
FOR BOOKINGS PLEASE CALL
LUCIANA- +91 9731388388 | MAFALDA- +91 9845210304



World Goa Day

Karnataka Goan ASSociation
presents

"Goa and its Goenkarponn"

Sunday, 26th August 2018

Venue: Same as last year

11:00 a.m. onwards

For Enquiries and Bookings please call

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