



# GOENKAR

Newsletter of Karnataka Goan Association - Bangalore

For private circulation

Sept - Nov 2023

## PRESIDENT'S MESSAGE

Greetings from the KGA Committee.

We are happy to share that your Managing Committee is putting in every possible effort to bring you the best of programmes during our Golden Jubilee Year.

We had a special day dedicated to mixed and varied programmes, to cater to the Evergreens and to the Children and Youth too.

The talk on Millets organized by Eslinda and the Health Team was also well received, and most useful. Look forward too many more health related activities in the days to come.

On the road ahead - we already have Think Goa Live Goa (TGLG) on Sunday the 10th of September with two Goan Bands in attendance. Details are in this Newsletter. We also have a book reading session with one of our Goan Authors, and we are keenly working in the Tiatr and the SFX Feast where His Eminence Filipe Neri Cardinal Ferrao will be the Chief Celebrant.

We have a lot of practical and fun ideas, and our focus will be on building Community, and lifting the Spirit of our Goans in Bangalore. To continue our commitment to grow and to thrive, we will be reaching out to you to participate more, and contribute what you can, in terms of time, talent or money. If we all share our attributes, they will multiply as they are pooled together for the greater good. We will be stitching together information in the form of a Coffee Table Book. This will be

a must have collection of memories and trivia that will capture the past in a unique way. We invite your ideas and suggestions on how best to do this.

We are excited to create many more experiences to remember. Our journey on this planet is limited. We have lost a few of our dearest members recently. Two people who have left us have both left indelible and precious examples in our hearts and minds. I will miss Aunty Louisa and Uncle Murad dearly. May they both Rest in Peace!

I am indebted to our supercharged Committee and their dedication to our great Association. We have miles to go... and our journey gets happier when you throw your hat into the ring. Welcome to contribute in any way you can. This is our Special Year! Viva Goa!

**Ian Faria**

*President*  
(2023-2024)







## GOLDIES GO GAGA

by Evelyn Coutto  
A KGA "Golden" member

This is the Golden Anniversary Year of the KGA. On 23rd July, the KGA organized a get together for seniors after a long break due to covid restrictions. With the theme 'Goldies Go Gaga', the 'goldies' were treated like royalty, from the personal phone calls and text messages to invite us, to the wonderfully crafted games that got us seniors on our feet. With the venue beautifully decorated and a well-selected menu, not forgetting the refreshing glass of beer, every detail had been planned meticulously.

Our compere, Suja Smith's bubbly personality and charming interaction, set the joyful tone for the programme. The team, ably led by Bosco Andrade, were on their feet, ever attentive to the elders'

needs. Special mention of the young ones, Nina, Gail, and Gilmour who photographed the event, as well as assisted in serving. The charismatic KGA President, Ian Faria, spent time connecting with members, ensuring that all were having a good time.

The senior members attended in good number, vibrantly dressed in their 'golden' best. They came with canes decorated with gold ribbon (Oscar Menezes), a golden turban (Alfie Santamaria), gold lace and brocade, gold bags and gold shoes. A special sash naming her as 'Ms. Golden', was presented to Diana Tauro. The 'goldies' enthusiastically participated in the games and the march pass, and enjoyed grooving on the dance floor to the music of the 50s and 60s.

Thank you KGA for making us feel so special today and we look forward to the many programmes promised for us, during this Golden Year.

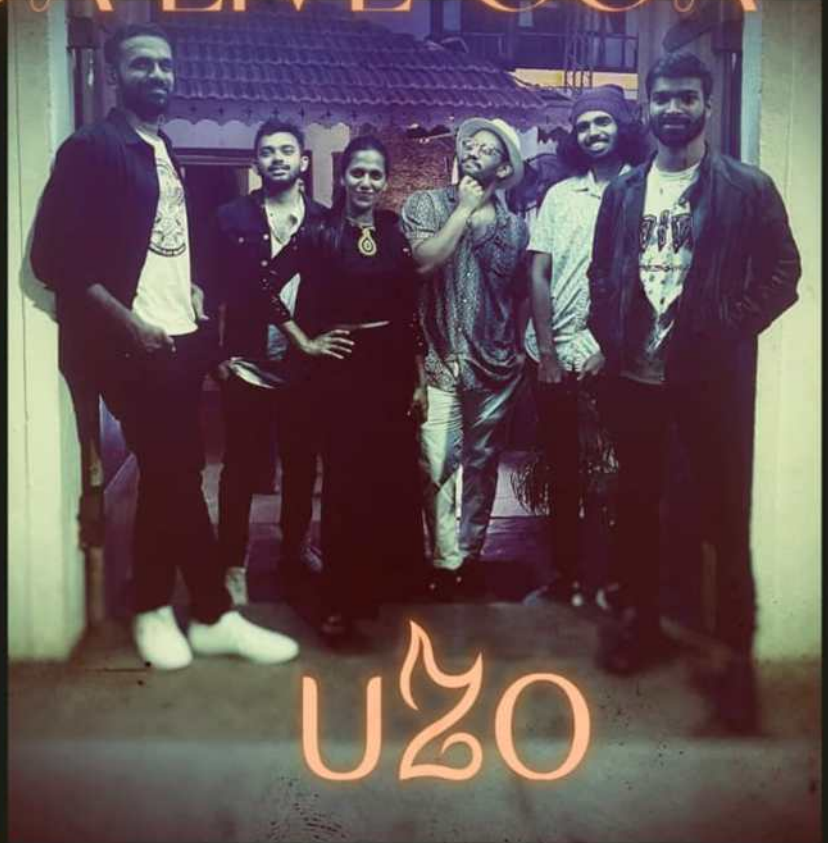




The Karnataka Goan Association and  
The Catholic Club present



# THINK GOA LIVE GOA



All The way from Goa!



CULTURE-  
MUSIC-  
FOOD-  
DANCE

**10<sup>th</sup>** SEPTEMBER  
NOON TO MOON  
CATHOLIC CLUB

Ticket Rates:

Member: Rs. 300/-

Child (below 12): Rs. 150/-

Guest: Rs. 750/- plus GST



## Fit n fine was the theme

by *Monica Robinson*

Of the KGAs prog right out of a dream...

Keeping in shape with Anuradha was great

And some pom poms that were absolutely first rate

The aromas & ingredients, memories of Goan  
& Portuguese cuisine did bring

The tasting made all our taste buds dance n sing

Mafalda's Quisine recheado masala n prawn curry

With Natasha excellent commentator sossegad...no hurry

Gourmet followed soon after with coffee n snacks n tea

All looking forward to a cooking class, happy as can be

Petite, ever smiling Eslinda was the next treat in store

With the history n recipe of patoleo left us begging for  
more

The coconut jaggery mix was almost licked clean

And a generous supply of patoleos, fit for a queen

Not forgetting Natasha's crafty chefs n Ian's sporting ways

And so many others who spent time planning for days

Next a group snap in front of such a sweet little standee

Decorated by the lovely Goes girlies, a standee so dandy

The KGA committee Ian, Aiona, Natasha kept everything  
so lively making everyone a part

It was clearly fitness n gourmet straight from the heart

Thanks to one n all for gourmet n fit n fine, well begun

Those who didn't make it this time, better not miss the  
next one







## A Medieval Tea Party

by *Vivienne Fernando*

An evening to remember for our little Knights and Lasses!

A Medieval Tea Party you say! Let's go mama and dada said every child in the KGA family.

Our littlest members of the KGA were invited to a Tea Party organized by Elaine and her team. Set in the wide-open space of the Sky Lounge at Catholic Club, the little Knights and Lasses were welcomed with warm smiles and gentle hellos! The handcrafted décor, using recycled materials were bright and colorful.

A friendly team of KGA volunteers had the children seated on preset tables to decorate shields, swords and pretty veils. Every child had the opportunity to use the decorative items provided to add shapes, shiny tape, stickers, stars and beads to their accessories. This allowed the children to quietly observe each other and make new friends.

The MC for the evening Natasha, had the children smiling with her lighthearted quips setting each child at ease. The children were then led to play some fun games set in the theme like tailing the dragon, knocking the dragon, and throwing the arrow through the swirling ring of fire. They each took turns, while being assisted by encouraging volunteers.

Natasha then announced a parade for the kids, to showcase their costume and announce their superpower and every child spoke about their



'Superpower' which ranged from singing to jumping high or just being a knight to save the day!

After the fun games, the children were invited to be banquet table, beautifully set with hand crafted bonfires and sparkling glasses. The feast included homemade cupcakes, together with irresistible fries and fried chicken! It was heartwarming to see the kids enjoy their banquet feast!

Finally it was time to announce the prize for the best dressed Knight – Bert Fenandoe and the best dressed Lass - Shelly D'souza . The children then decided to take over the hall and chase each other with their swords and shields and the squeals of delight only spoke of a party well done.

Throughout the evening Natasha ensured that the parents who accompanied the children had a relaxed time, watching the event from afar. I think each parent felt the warmth and love with which the entire event was planned and executed.

If you peek at the photos taken at the tea party, you will see bright, shy, funny, and confident faces as the Knights and Lasses stood for a photoshoot with the shiny props tastefully made by Elaine's creative team.

Hats off to Elaine, Shane, Fiona, Sarah, Veroushka and Bosco who curated a delightful Medieval Tea Party.





## Youth Event: Pajama Party

by *Nina Goes*

The youth and the teen subcommittees jointly organised a Pajama Party, which took place on the 5th of August. The dress code was obviously pajamas, and we filled the Catholic Club skylounge with rugs, blankets, pillows, and other such items. We did everything in our power to induce a slumber party-sequel atmosphere, which included having a fort

building competition, a makeover contest, lip sync battles, and more. Our wonderful emcees, Narita Chengappa and Cyrus D'Lima, kept the energy high with their warm but energetic commentary. Despite having a small group of attendees, everyone got along really well and we managed to make the most out of this party. We are extremely grateful to the KGA for providing us with the opportunity to have such an event, and we hope to be able to have more teen and youth centric events in the near future.







**The Catholic Club-iBrowse Book Club  
and the  
Karnataka Goan Association**



**Invites you to join us for the Book Launch of  
"ONCE UPON A VILLAGE IN GOA"  
By Author SUNITA VAZNAIK  
In Conversation with Aiona Misquita**

**On Friday 15th September  
2023 at the Ballroom @ 7pm**

*Once  
upon a  
village  
in Goa*

**AUTHOR**



**MODERATOR**



**ALL ARE WELCOME**  
Light refreshment will be served





## Amma's Miracle Millets

by Audrey Cardozo

As it is the International Year of Millets, the KGA organized a Presentation at the Skylounge in Catholic Club on 28th August 2023. This was one of the many events planned as part of its Golden Jubilee Celebrations. The programme was very well organized and had a fairly good attendance. The younger members would have immensely benefitted from this educative, life-changing concept.



Amma's presentation was very authentic, educative and enlightening. She spoke from the heart as she shared her philosophy " food is medicine " and her personal journey back to good health through her diet modification by incorporating millets. She shed light on and spoke at length about the various types of millets which could be incorporated into their diet even by people enjoying good health. She has an amazing wealth of knowledge on the varieties of millets and their health benefits.

Her magnanimity in sharing this knowledge and her graciousness in answering the many queries raised by the participants was very motivating and highly appreciated. AMMA IS TRULY A MILLETS AMBASSADOR AND A GIFT TO INDIA.

The programme was well-moderated by Eslinda and her team and concluded with some delicious healthy snacks. Kudos to KGA and the Committee for this golden initiative.





# Tomazinho Cardozo and his Dramatic Troupe Kala Mogi

Present  
*A Konkani Tiatr*  
(A rib-tickling comedy)



## Hello Uncle



Written & Directed by Tomazinho Cardozo



Kala Mogi has won awards for performance -  
First Prize - 12 times, Second Prize - 8 times,  
Third Prize - 5 times and Consolation Prize - 3 times  
in the



Annual Konkani Tiatr Competitions organised by Kala Academy, Goa



On 7th October, 2023 at 6:30 p.m.  
at St Joseph's Boys High School Auditorium



For details contact:

KGA Secretary - 9972345164 | Brian - 9844097436 | Eslinda - 9900179719



## An Appeal

Dear Members!

Konkani was included into the 8th schedule of the Indian Constitution on the 20th of August 1992 and Goan Associations worldwide celebrate this! What better way to celebrate this in our Golden Jubilee Year than with a tiatr?

The troupe we're bringing to Bangalore, Kala Mogi is one of the foremost Tiatr troupes in Goa, founded by Tomazinho Cardozo. They have won the Kala Academy Tiatr competition several times and been runners up as well. They keep it clean, funny and throw in a fair bit of English.

We will be printing out a souvenir on this occasion and would request every member to contribute. This will help defray the costs of staging the tiatr, our other events through this Jubilee Year as well as contributing to the Welfare and Education expenses of our less advantaged members. You will have noticed that we have stepped up the events this year, and are offering them at economical rates, so that all our members benefit.

You may contribute to the following:

<b>Full page:</b>	Rs.10000/-
<b>Half page:</b>	Rs. 7000/-
<b>Quarter page:</b>	Rs. 5000/-
<b>Front inside page glossy colour:</b>	Rs.25000/-
<b>Back inside page glossy colour:</b>	Rs.25000/-
<b>Back outside page:</b>	Rs.50000/-

Contributions under Rs. 10k will also be listed.

You may make cheques out to:

**Karnataka Goan Association**

Or

NEFT transfer to

**Karnataka Goan Association**

**South Indian Bank**

**Brigade Road Branch**

**A/c no 0108053000025913**

**IFSC: SIBL0000108**

Kindly connect with Ian, Brian or Wilma to donate.

Your material needs to reach us latest by the 20th of September 2023.

Regards,

KGA - MC





**The Karnataka Goan Association**

*Jam  
Session*

**SAVE THE DATE!**

**17TH**

**SEP**

For more details contact:

Cyrus - 99649 51006

KGA Secretary - 99723 45164







**E M A I L**

kgasecretary@gmail.com

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**Editorial Team**

Ian Faria - President