

PRAWN MOLE

INGREDIENTS.

Prawns	250gms
Onions	250gms
Red Chillies	6- 8 Nos.
Turmeric Powder	1/2 Tsp
Peppercorns	10 Nos.
Cloves	10 Nos.
Cinamon Stick	2 Inches
Garlic	10 Flakes
Ginger	1/2 Inch
Vinegar	4 Tbsp
Tamrind	15 Gms
Sugar	1 Tsp
Salt	To Taste
Oil	To Fry

METHOD

Clean and apply salt to Prawns & keep aside.
Grind together Red Chillies, Pepper Corns, Turmeric Powder, Cinnamon, Cloves and Tamarind along with vinegar.
Coarsely grind ginger and garlic.
Fry Prawns throughly in oil and keep aside.
Now Fry Finely chopped onions and ginger garlic paste till onions turn golden brown.
Add in all the Ground Masala and Fry well for 3 - 4 Mins.

Add in all the Prawns. If required add in few drops of vinegar and a tea spoon of sugar and salt to taste.

Cool and store in dry containers.



Francis Fernandes

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20% discount for all KGA members

Kraaknights : Sun & Wed
Mark Rego's Boogie Brains : Thu
J&N DonFRIDAY : Live bands on Fri
Saturday Night Fever : Dance nights on Sat
Sunday Jamspot : Lench buffet and jamming
O-show : Designer market (1st Sunday of every month)

For Private circulation

November 2008

GoenkaR

What's up at the KGA

www.kgabangalore.com

A News letter of the Karnataka Goan Association

PREZ'S ADDRESS

What a wonderful day we spent at Emerald Isle! Thanks Eddie for the hospitality and support. The resort is looking lovely and is highly recommended for a lazy Sunday with family and friends. So those of you who could not make it...go check it out!!

Please join me in thanking all those who helped, in making the day a most amazing experience. We did miss some of the regulars though, who were at other engagements. Hope you guys had a good time too!!

For me the highlight was the time I spent with our youth members. Their enthusiasm and focus is truly inspiring. One is struck by the amazing clarity of their thinking. In these days of endless choices, being focused is a challenge for all of us. Our youth seem to have it pretty much under control. Kudos to them!!

Some of our senior members predominantly the "Adorables" have conveyed their appreciation of the newsletter, and that certainly encourages the editorial and publishing team to give their best. We would also like you to send us your responses and contributions so that we can publish them.

Just for information, a soft copy of this newsletter goes to a number of Goan Associations across the world, so it is a wonderful way to connect and share thoughts. So do take a few minutes to write to us.

A warm welcome to our new members. Hope you are getting to make some new friends!

Cheers! And catch you at The SFX Feast on 7th Dec!

Love to All!

Arun

FEAST OF ST. FRANCIS XAVIER

The Patron Saint of Goa

St. Francis is known as "Goencho Saib", the English translation of which would be - Lord of Goa. St. Xavier breathed his last at the Sancian Island, about 10-km from mainland China, on the night of December 2, 1552.

When the body of St. Xavier was excavated a whole year later, to be transferred to Goa, the body was found as fresh as the day it was buried. Among the glories of St. Xavier are the miracles which four centuries of tradition have identified with his name, but above all his miracles what truly indemnifies our faith and belief in him is his patience, his generosity, his consuming love of Christ his Divine Master and his limitless trust in God.

In memory of our patron saint the **Karnataka Goan Association** is celebrating the feast of St Francis Xavier on the **7th of December 2008.**

with **Konkani Mass** at the **St. Joseph's High School Chapel at 6.30 pm**

followed by fellowship and Dinner at the St. Joseph's High School Hall.

The managing committee would be most gratified to have the participation of all its members at this feast.

Tickets are priced at - **Rs. 150** for all members
Rs. 100 for children between **3- 12 years.**

Tickets are available with all Committee Members.

Kindly purchase them in advance to avoid being dissatisfied.

NO GATE SALES.

THE LITTLE ELVES CHRISTMAS PARTY

Something Special for all Our Little Goans

Ho, Ho, Ho, Santa comes to town.....

Come and meet Santa on Sunday the 14th of December at the Catholic Club, At 3pm

Tickets priced at Rs 50/- for members kids

Rs 100/- for guests

Loads of activities, surprises, prizes, gifts and goodies. Come dressed as your favourite Christmas Character - you could be lucky!

Come ready to have a fantastic time.

Lots of Love.

For your tickets call - Louella on 41279117 or Linsey on 9845762936

Hurry! Hurry! HO, HO, HO!



A WAY OF LIFE CONT...

Text by Heta Pandit & Annabel Mascarenhas

Houses of Goa

For three days and nights, everyone had danced and feasted. Cousin Emarillo had taken the violin and Cousin Hilario the piano. They had begun singing the mando with a sad slow love song, a song of lovers who were forced to live apart. The bride led the singing and the guests joined in the chorus.

Then, the dulpod took over and footsteps began to quicken. The crowds became noisier, the verses light-hearted. How they teased the young couple! Did they not allude that Francisco had taken a young lover "for rehearsals"? That he had met this village belle at the village well? That she had decked herself in flowers and he had pretended to rescue her from marauding jackals? And what about the

song that Frisco was like a young bat who did not know the art of feeding on the season's ripe guava?

The young bride was in pure virgin white and the guests were in bright, beautiful colors. It was the last wedding in the family and no trouble had been spared. The men in their fine European suits and the ladies in their long gowns and toddop and baju. Could anyone have even begun to count the coral and the pearls that night?

D. Marieta's husband, the eldest son of the house, the bhatkar, was a man of simple tastes. He rose in the morning at seven and after his cup of tea went to the village chapel to hear Mass. After Mass he stopped to chat with his friends in the chapel corridor

and returned home for a breakfast of kanji and bhakri.

D.Marieta's husband was not like some other bhatkars who wasted away their mornings. Not for him were the games of cards, the reading of novels or lying in armchairs until lunch was served at two. That day, he had met other members of the village



community and discussed the repairs and renovations to the church and the salaries of the priests.

He did like his afternoon siesta, though, and after tea an sweets at four he would spend a few hours talking to his sons on the balcao until the evening lamps were lit and the family gathered in the chapel.

While D.Marieta's husband minded the property and business, she and her three sisters-in-law had spent their day playing the piano or the violin, supervising the women-folk in the kitchen, painting pictures or making lace cloths and crochet covers. D.Marieta never wasted a moment. to be industrious was something she had learnt from her father.

D.Marieta's father had been the head of the Liceu Nacional, that prestigious institution that came next only to the Intituto Profissional where they taught chemistry, agriculture and other practical sciences. That was exactly why D.Marieta had encouraged her young brothers-in-law to study and become "somebody". How proud her husband and she had been of Advocate Antonio, her middle brother-in-law. (It was jokingly said of the Goan mother that if she had three sons, she would give one to God, one to the people and one to the Devil. That is, one would be a priest, one a doctor and the third a lawyer).

D.Marieta pushed back her demi-tasse of Arabian Coffee and looked at the portraits on the wall. How blessed was she, with the eyes of her husband's ancestors around her. All those proud Kshatriya Christians!

All of Goa was at peace. A new Mormugao port had been opened. She knew that progress would follow. Yet, there was a foreboding of things to come.....

For D. Marieta, would anything change? Would the combination of lavish spending on weddings and frugal living everyday, caring for the family, munddkars and their families, nurturing the land and a lifestyle continue to be a way of life into the next century? D. Marieta did not know. **All she knew was that as long as Goencho Saib, St Francis Xavier was there, Goa would be safe in his hands.....**

It was a bright and sunny morning on All Saints' Day (1st November 2008) when the Karnataka Goans (not so saintly) from Bangalore set out to enjoy the day at Emerald Resort. Most set out by bus early in the morning from the Catholic Club, while a few lazier



ones (including the family of yours truly) set out by car. All landed at the picnic spot - well chosen by the organizers - and immediately bonded with each other.

We kicked off the day with a light breakfast (samosas, sandwiches, potato rolls, tea/ coffee) accompanied by a refreshing rendition of 'picnic

KGA PICNIC

songs' (led by the young 'uns) which got everyone into a happy mood.

We then stepped out into the sunshine for an energetic spell of games. Four teams (Cashew-"Nuts", 2F4U, Phata Fut and Sussegad Sausages) competitively challenged each other across a fun set of games where bananas were smothered between knees ...eggs were thrown at one another ... plastic balls were stuffed into mouths... headlines were read and re-read, water was spilled over one's shoulder... judges decisions were challenged ...voices were raised in passion and pleading... rankings went back and forth...and then finally the dust settled, with cashew-"nuts" in first place.

After this energetic start, a few saner folks sobered down and got themselves a bout of drinks, others jumped into the enticing pool to cool off; and still a few others carried on making a racket on the field.

Then it was time for lunch and we all enjoyed the buffet spread. After lunch

the crowd got together to witness a fun round of magic. Interspersed with the magic show was a "touch and smell" game where one had to recognize various spices without being



able to see them, only smell and touch them.

The finale of the evening was a lay back and enjoy 'sing-song' session (led this time by the older 'uns), covering the 70's, 80's and 90's a perfect wrap up to an enjoyable and relaxing day

Three cheers for the Goans of Karnataka. Hip, Hip, Hooray

By Ida Selwyn, Maggi Fernandes and Joe Fernandes

Goan Rendezvous

An Evening Showcasing Goan Culture, Cuisine and Music.

Co - Hosted by the Karnataka Golf Association & the Karnataka Goan Association

on the 6th of Dec 08 at the Karnataka Golf Club - Airport Road

Starting at 7pm.

Tickets are priced at Rs 600/- per head, entry only. Dinner and Drinks extra.

Those interested to attend please contact our President Arun D'Silva email - arun@relationshipsworld.com

Entry restricted only to Life members of the Karnataka Goan Association.

Doreacha Lharari

(My love, I long to be yours forever)

Doreacha Lharari, Chondrimanchea uzvaddari, Hea mhojea kensnche pantireri Jurar zalam tujea-re mukhari

Songlim
Yo re moga, choi re mhaka, Mogache dolle laire mhaka

Anju tum Arkanju Kerobin adoraru Ho educh amcho paktu Juramentu zait-re sagradu.

Ratrichim nident hanv sopnetam, Utton abras diucheak vetam Zagim zaun hanv fottovtam, He martir tukach re bhethoitam

New Arrivals

Nelson and Mary D'souza have been blessed with a baby boy named Emmanuel.

Perry Goes and Aiona Misquita Goes have been blessed with a baby girl named Ella

All the members of the KGA Extend their heartfelt Congratulations

'Memories in Gold'

The Unforgettable Singers will be performing on 7th Dec'08 at Good Shepherd Convent Auditorium, Residency Road.

Donor passes are available at St. Mary's Orphanage and with Mafalda Quadros you can call her on 9845210304.

Proceeds go to Charity.